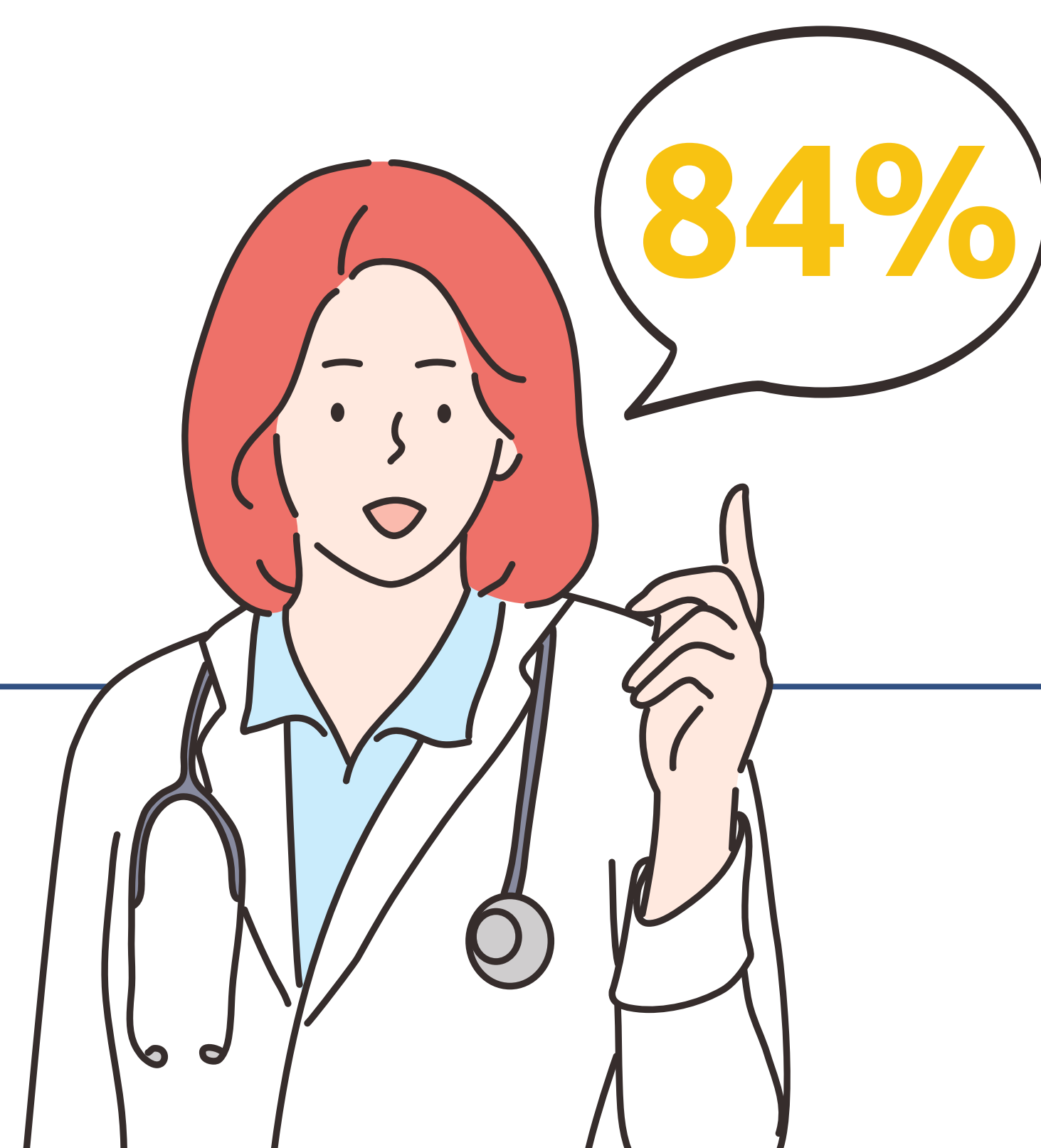


**THE COSTS AND CONSEQUENCES OF VIOLENCE
TO THE HEALTHCARE SYSTEM IN WALES**

**MAE TRAIS YN COSTIO £46.6 MILIWN Y
FLWYDDYN I'R SYSTEM GOFAL IECHYD**
**VIOLENCE COSTS THE HEALTHCARE SYSTEM
£46.6 MILLION PER YEAR**

**COSTAU TYMOR BYR
SY'N GYSYLLTIEDIG
AG IECHYD**

**SHORT-TERM
HEALTH-RELATED
COSTS**



Mae **84%** o'r costau tymor byr yn gysylltiedig â mynd i'r afael â chanlyniadau trais rhyngbersonol.

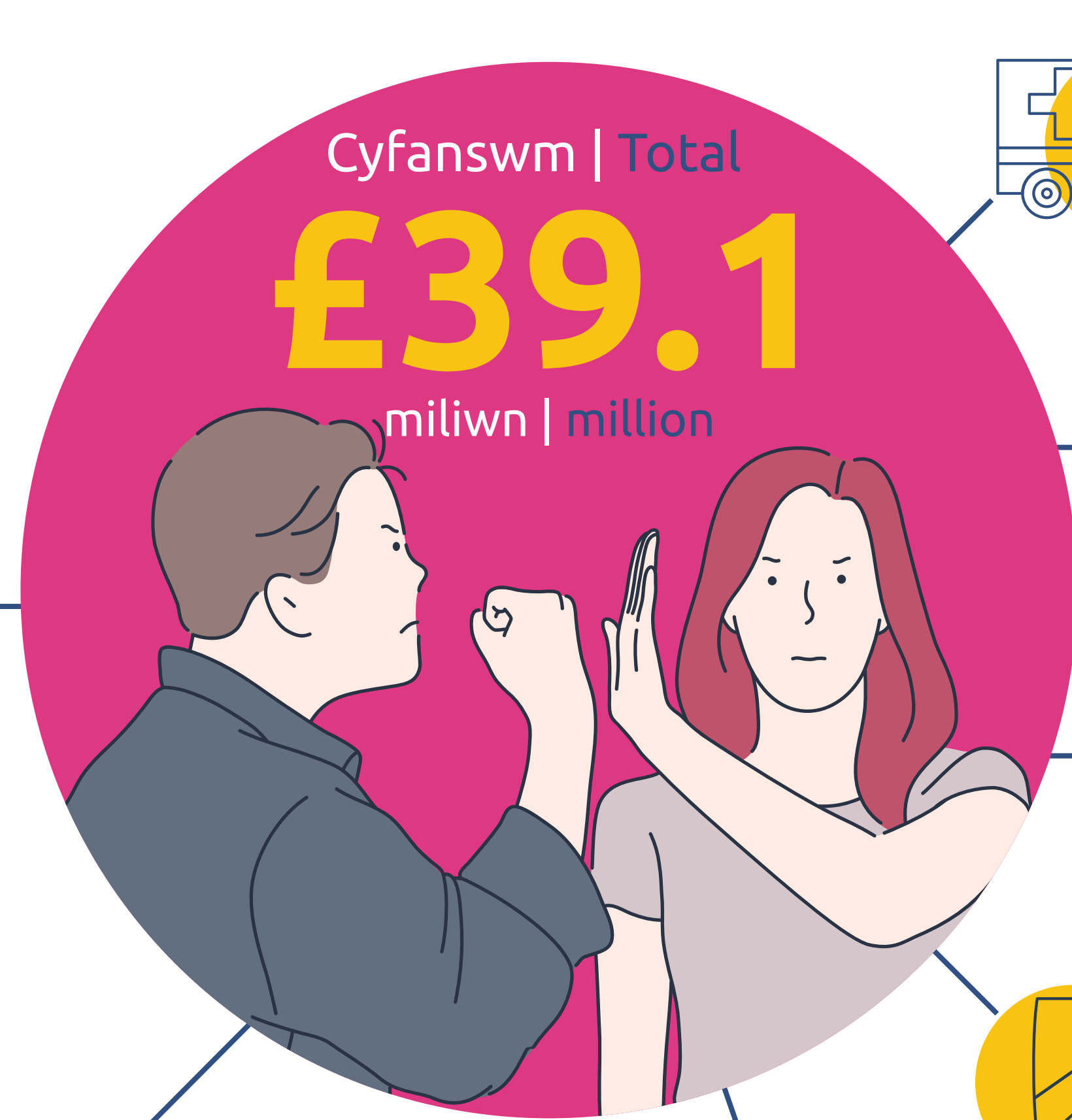
84% of short-term costs are associated with addressing the consequences of interpersonal violence.

TRAIS RHYNGBERSONOL:

£13.9 miliwn y flwyddyn: Galw ambiwlansys allan, Adran Ddamweiniau ac Achosion Brys, derbyniadau brys i'r ysbyty, triniaeth

INTERPERSONAL VIOLENCE:

£13.9 million per year: Ambulance call outs, A&E, emergency hospital admissions, treatment



£0.35 miliwn
Galw ambiwlansys allan
Ambulance call outs

£1.8 miliwn
Mynychu adrannau damweiniau ac achosion brys
A&E attendances

£1.6 miliwn
Derbyniadau brys i'r ysbyty
Emergency hospital admissions

£10.2 miliwn
Triniaeth ar gyfer anafiadau corfforol
Treatment for physical injuries

£22.2 miliwn
Cwneula ar gyfer iselder a gorbryder
Counselling for depression and anxiety

£3.0 miliwn
Apwyntiadau dilynol mewn gofal sylfaenol
Follow-up in primary care

**TRAIS HUNANGYFEIRIEDIG:
SELF-DIRECTED VIOLENCE:**

Adran Ddamweiniau ac Achosion Brys, derbyniadau brys i'r ysbyty, triniaeth

A&E, emergency hospital admissions, treatment



Data o'r flwyddyn a ddaeth i ben Mawrth 2019
Data from year ending March 2019

**COSTAU HIRDY MOR
SY'N GYSYLLTIEDIG
AG IECHYD**

**LONG-TERM
HEALTH-RELATED
COSTS**



Costau gofal iechyd uniongyrchol ar gyfer tri ffactor risg ac achosion afiechyd sy'n gysylltiedig â Phrofiadau Niweidiol yn ystod Plentyndod (ACEs)

Direct healthcare costs for three risk factors and causes of ill health related to Adverse Childhood Experiences (ACEs)

Cyfanswm: £158.8 miliwn
Total: £158.8 million

£130.8 miliwn
Gorbryder ac iselder
Anxiety and depression

£20.5 miliwn
Defnydd niweidiol o alcohol
Harmful alcohol use

£7.5 miliwn
Defnydd anghyfreithlon o gyffuriau
Illicit drug use

Data o'r flwyddyn a ddaeth i ben Mawrth 2019.
Defnyddiwyd dod i gysylltiad â phrofiadau niweidiol yn ystod plentyndod fel mesur dirprwyol o ganlyniadau tymor hir trais
Data from year ending March 2019. Exposure to ACEs has been used a proxy measure of the long-term consequences of violence

**TYSTIOLAETH
ECONOMAIDD AR GYFER
YMYRIADAU ATAL TRAIS**

**ECONOMIC EVIDENCE
FOR VIOLENCE
PREVENTION
INTERVENTIONS**



Gwreiddir buddion o £82 am bob £1 a werir ar ddarparu Model Caerdydd ar gyfer Atal Trais

£82 in benefits are realised for every £1 spent on delivering the Cardiff Model for Violence Prevention

Dangoswyd bod £37 yn cael ei arbed i gymdeithas am bob claf benywaidd mewn practisiau meddygon teulu sy'n cymryd rhan yn y rhaglen IRIS bob blwyddyn

£37 in societal cost savings have been demonstrated per female patient in general practices that participate in the IRIS programme per year.

Gallai mynd i'r afael â phrofiadau niweidiol yn ystod plentyndod leihau'r costau economaidd uchel sy'n gysylltiedig ag ymddygiadau sy'n niweidio iechyd

Tackling ACEs could reduce the high economic costs associated with health-harming behaviours

**DADLAU'R ACHOS DROS FUDDSODDI
MEWN DULLIAU ATAL TRAIS**

**MAKING THE CASE FOR INVESTMENT
IN VIOLENCE PREVENTION**

- 1.** Heriwch gamdybiaethau a chredoau yngnylth gwerth buddsoddi mewn dulliau atal trais
Challenge misconceptions and beliefs about the value of investing in violence prevention.
- 2.** Nodwch ymyriadau â buddion tymor byr, yn ogystal â'r buddion tymor canolig i hirdymor a rhyng-genhedlaeth
Identify interventions with short-term benefits, as well as long-term and intergenerational benefits.
- 3.** Nodwch amcanion a nodau cyffredin posibl a thynnu sylw at sefyllfaoedd lle byddai pawb ar eu hennill ar draws sectorau
Identify potential shared objectives and goals and highlight 'win-win' situations across sectors.
- 4.** Rhowch 'wyneb dynol' i'r sawl a allai elwa ar weithgarwch i atal trais
Give a 'human face' to the potential beneficiaries of violence prevention actions.

